



### *Breakfast*

*Fresh, moist eggs scrambled with hickory ham and melted cheese, seasoned with a touch of parsley. Served with a crisp piece of sourdough or wheat toast, warm and sweet oatmeal, and a ripe piece of fruit. Chilled milk and juice available, if desired.*

### *Lunch*

*Your choice of savory spaghetti, cooked to perfection with browned meatballs and herb roasted marinara sauce or cheesy, tender lasagna with basil garlic sauce. Decadent cubes of nutty, honeyed butternut squash, a soft garlic breadstick, and a crisp, refreshing Caesar salad accompany the entrée, along with either milk or juice.*



### *Breakfast*

*Sweet, Blueberry pancakes or fluffy Buttermilk pancakes drizzled with pure Maple syrup. Complemented with two tangy sausage links and slightly crunchy hash browns. Both include chilled milk and juice, and your choice of fresh fruit.*

### *Lunch*

*Smoky, roasted chicken marinated in rosemary and lemon or rich, tender lamb chops with a side of sweetened applesauce, nestled in a bed of steamed fresh broccoli. A personalized salad bar included, as well as milk or juice.*



### *Breakfast*

*Nutmeg and cinnamon infused French toast squares or a sweet and crunchy vanilla yogurt and cranberry granola parfait, including crispy bacon strips. Presented with your choice of cold cereal, milk, juice and a fruit item.*

### *Lunch*

*Steaming, comforting Turkey potpie with vegetables or a hot, tender Pastrami and Swiss cheese sandwich. Paired with seasoned curly French fries, slightly softened glazed carrots, tangy Island coleslaw with pineapple and cashews, and milk or juice.*